Dear Parents, Carers, Students and Friends of the College,

We have had a considerable number of events which happily have involved parents in the last two weeks including our Year 11 Information Night.

Of particular significance was our “Welcome to Clancy Night for New Parents”. It was well attended by both parents and staff and provided Year 7 parents in particular, an opportunity to meet with teachers and make enquiries about their children. It was a particularly harmonious night because our Year 7’s have settled in very well. They are adjusting well to high school and we are very appreciative of the support the Year 7 parents have given us, in terms of meeting our expectations around uniform and homework.

Ash Wednesday
Last week, Ash Wednesday marked the beginning of Lent. We were able to provide our students with an opportunity to attend Mass in their local parishes and we had significant numbers attend Holy Spirit in Carnes Hill in particular, but also St Francis Xavier, Lumea and St Anthony’s in Austral. While the students were attending their local parish for Mass, Mrs Melham lead the Ash Wednesday Liturgy at the College. A large number of students contributed through prayer and reflection. Mr Humbles, Miss Nguyen and Mr Ghignone contributed to the liturgy through very powerful reflections on the Gospel. Despite having our students spread over four different venues in the morning, it was well worth the effort to know that our students had connected with their parishes on that day.

Opening Mass
Our Opening Mass was important for a number of reasons. We formally launched our Scriptural Theme “Who do you say I am? “(Luke 9:18-24). Mrs Melham made her formal commitment to Clancy Catholic College in her role as Religious Education Coordinator. The Mass was well attended by significant leaders of Catholic Education including Dr Mark Turkington, CEO Regional Director, Southern Region and Mr Merv McCormack, CEO Regional Consultant Southern Region. We were also joined by the Federal Member for Werriwa, Mr Laurie Ferguson MP, and Mrs Natalina Coluccio, Head of Staff representing Dr Andrew McDonald MP, Member for Macquarie Fields. Bishop Terry Brady, Auxiliary Bishop of Sydney concelebrated the Mass with our new Priest Fr Joseph Tuong and the presence of our parents and distinguished guests added to the significance of the event. Clancy Catholic College formally received the Certificate for the Archbishop’s Charter which recognises the importance of the Charter in our 2012 College Cyclic Review.

My thanks to the Clancy staff, in particular Mrs Melham, Mr Bolonia, along with the Liturgy Team, and also to Mr Alvear and members of the Music Department.
Next week we look forward to seeing the parents of Years 9 and 10 and the parents of the students who are in our Newman Stream in Year 7.

**College Open Day**

There is more information in the newsletter about our Open Day which is on March 17. As in previous years, we hope to have a healthy representation of parents as part of our welcome and hospitality.

Finally, my thanks to the parents who have volunteered to be part of our Parent Advisory Board. At this point, we have enough parents to represent a range of perspectives including gender and year groups. We will be in touch with some more detailed information.

Once again, thank you for your support.

Iris Nastasi
Principal

---

**From the Assistant Principal**

**Attendance**

This year the College has moved to an electronic roll marking system for the recording of student attendance. With this there has been some changes to our procedures. We have also fully implemented the student attendance guidelines and procedures arising from amendments to the NSW Education Act.

All absences require a note of explanation. The Principal has the authority to decide whether an explanation for lateness/absences is justified or unjustified.

Students arriving late to school will no longer receive a late slip to be signed by a parent. On arrival at school the student has their diary stamped indicating the time of arrival. Students are expected to bring in a note explaining the reason for being late the next day. In general lateness caused by traffic, sleeping in, missing the bus, etc will be classed as an unjustified reason for being late.

Please note when a student needs to leave early a note from a parent must be brought to school with the student and the procedures located on page 39 of the student diary followed.

While discouraged, parents wishing to take their child out of school need to apply for an Exemption from Schooling Certificate at least four weeks prior to the leave. The procedures to do this are located on the College website in the attendance policy and in the student diary. Please note this exemption form is for a day or more leave. Failure to do this can result in the absence being marked as unjustified leave.

If you have any queries surrounding attendance please do not hesitate to contact the College.

**Backing up work**

Laptops are a great tool in the classroom and at home to assist with learning. Many students spend hour upon hour of their time preparing Assessment Tasks on their laptops and developing revision notes for major examinations. However in recent years some students have lost all their hard work when hard drives crash or laptops are broken. The College strongly advises students to purchase an external hard drive and **BACK UP ALL WORK ON A WEEKLY BASIS.**

Craig Mooney
Assistant Principal

---

**Head Lice**

There have been reported cases of students at the College and their siblings having head lice. Could all parents please check their children and treat if necessary to ensure there is no further spreading of lice. Please refer to the letter accompanying the Newsletter.

---

**From the Religious Education Department**

Yesterday our College celebrated the new school year with our Opening Mass. This is the only time in the school year that our whole community travels to a church for Mass, all other Masses are celebrated here at College. Our Lady of Victories at Horley Park is a beautiful church and the second time our school has chosen this venue for our liturgy. Our Opening Mass is the opportunity to celebrate our community, our unique story and charism and commit ourselves to our faith and learning for the year ahead. Our Mass this year also included the presentation of the Archbishop’s Charter for Catholic Schools’ Certificate. This certificate endorses the achievements of our school in evangelisation, learning and commitment to the beliefs of our Catholic faith. For this occasion, we were fortunate to have both Bishop Terry Brady, Auxiliary Bishop for the Archdiocese of Sydney and Fr Joseph Tuong, Parish Priest of Cames Hill to celebrate our Liturgy.

We are blessed at Clancy to have such talented musicians and vocal group, led by Mr John Alvear, Mrs Adriana Muscat, Mr Michael Harvey, Mr Ben Jones, Mr Michael Ha and Ms Tien Nguyen. Our Liturgy Committee, now consisting of fifteen staff, helped to create a unique and meaningful liturgy based on our College Motto ‘To Love like Christ’. The Mass based on Bishop Brady’s inspirational words, reminding us that the two most important parts of our faith is to spend time focusing on Jesus and the importance of love. If we ask ourselves ‘Who do we say we are?’, and we can answer that we are people inspired by Jesus and live our College motto, our College and our world would truly be a better place.

Our celebration was so meaningful because of the participation and reverence of our students. It is a privilege to work with students who are so proud of their faith and community that they enthusiastically participate in our liturgies, making them memorable and meaningful.
On Friday 8 February, the Year 11 and 12 Drama classes ventured out in the evening to the Seymour Centre in the city. The students were able to view the top HSC Drama Group and Individual Performances from the 2012 cohort. The students were blown away by the humour, ingenious plot lines and memorable characters. The excursion gave the Year 11 students a taste of what to expect for the performance aspects of the course in the HSC year. For the Year 12 students, a break from their studies for an evening, but more importantly, seeing talented Drama students enables a high standard to be set for their own work.

We would like to thank parents and guardians for supporting this excursion, especially as it was after hours and required a late pick up from school.

Josephine McKell and Alix Stirling
Senior Drama Teachers
New Student Links on the College Website

Our College Website has recently been updated and students and parents are invited to familiarise themselves with a few important links. When clicking on the “Student Area” in the horizontal navigation bar you will find two websites. The first is **Going Google at Clancy** where students can locate links to their new email, daily notices, Library resources and their teachers’ Google sites. You will also find important documents such as the Cyber Safety and the Acceptable Use Policy. Additionally, Assessment Notifications for all subjects will be accessible from the Assessment Notifications Site.

As we become more and more accustomed to everything Google at Clancy, students are encouraged to train as Google Ninjas. From the **Going Google at Clancy** site students can access the Google Search, GMail, Docs, Sites and Calendar challenges to graduate as a Google Ninja. This means graduating from yellow belt to become Google Ninja Masters.

Year 7 students continue to build skills around using their MacBooks and questions have arisen around loading printers from home. A reminder to parents that when the laptop asks for an Administrator Password, the Parental Access Codes allow parents to act as Administrators for these purposes.

We encourage all students to bookmark the new links and hope that these facilities promote effective organisation for our students, while connecting our parents to College life.

**Lauren Batty**  
**Acting eLearning Coordinator.**

Thinking Differently

Ever feel like you have too much information in your head? We are challenged to react to data and often in a way that doesn’t just observe, but interprets. There is more information available to any student with a smartphone than entire nations would have had access centuries ago.

The internet and social media are designed to connect - words and phrases, images and video, color and light - but not always to the positive net effect they might. The nature of social media rests on identity - forcing subjectivity on everything through likes, retweets, shares and pins.

So why has reflection as learning been discarded? Why don’t we take the time to think about things? So these new contexts mean students (and adults) need to develop ways to cope with the information that surrounds us by persisting, controlling impulsivity, responding with reflection, questioning, innovating, creating and thinking interdependently.

And in an era of distinct academic standards and increasingly brazen technology, they are increasingly relevant not just for students now but also in the communities they will be part of in the future.

**David Timillero**  
**Leader of Student Development.**

Diverse Learning

This week, we saw the beginning of two exciting gifted initiatives for 2013. These were Clancy University and The Newman Stream. Clancy University is a personalised program for gifted students in Year 8-10 who crave stimulation and challenge in their learning programs. This week, all students sat the MYAT test to help us determine the potential of these learners.

A similar group of students in Year 7 have already begun their journey as part of the Newman Stream. This program aims to cater, within lessons, for students who already have shown great potential and are gifted learners. The belief is not that all students will be gifted in every subject, nor that gifted students are merely the top 1% of a course. We believe gifted learners are those who are able to adapt to a range of lessons and subjects and may show talent in one or more areas. The students in this stream have been selected by a variety of measures and we are excited to be offering authentic enrichment and extension to all our gifted learners in 2013.

**Dates to remember**

**Wednesday 27 February at 7.00 pm** - Newman Stream Parent Information Evening

**Wednesday 6 March at 3.00-5.30 pm** - Clancy University Project Proposal Development Workshop

**Lauren Drego**  
**Diverse Learning Coordinator**
World Youth Day 2013 – The pilgrimage of a lifetime!

In July this year, over 300 students from Sydney Catholic schools will gather, along with millions of pilgrims from all over the world, in Rio de Janeiro to celebrate World Youth Day XXVIII. This once-in-a-lifetime opportunity will also give each of our students the chance to celebrate Mass with our newly elected Pope!

On the way to Rio, students will participate in a range of mission work projects throughout Latin America which is sure to enrich their own, and the local communities, World Youth Day experience. Furthermore, all pilgrims will then participate in a post-WYD retreat on the border of Brazil and Argentina at the newly named wonder of the world, Iguazu Falls.

It is not too late for Year 10 and 11 students to register for our World Youth Day pilgrimages. All students who register will receive a $500 subsidy from the Catholic Education Office Sydney. For further information, please see our Youth Ministry Coordinator, Mr Ghignone, for further information.

Pentecostal Consultation Evening

On 7 February, Nancee Riviera, Mr Ghignone and myself attended the annual Pentecostal Consultation at Leichhardt Catholic Education Office with His Eminence, Cardinal George Pell. We were presented with the Pentecostal theme for this year, “Why faith matters”. Later on in small groups we discussed different issues surrounding faith and why it matters in our modern context. Some of these topics included what we learn from the Gospels and the difficulties in getting younger people to experience and deepen their faith.

A guest speaker presented about his faith journey and, having only converted to Christianity last December, it was very enlightening getting an opinion of someone who could look at our faith and choose it as an adult. His Eminence spoke about this years theme and informed us that all the feedback he received would be used to develop his Pentecostal address.

It was a privilege to be involved in such and important annual event and further persuaded those who were present of the importance of faith in our society.

Pietro Mazza,
Year 12 Student

Social Justice

As part of a new social justice initiative at Clancy, a group of Year 11 Evangelisation students will be contributing to the newsletter each week, informing the wider College community on what aspects of social justice are currently being explored at Clancy. Each week, together with Mr. Marc Ghignone, we will bring forward news, information and statistics to the community, helping spread relevant information about issues either directly or indirectly affecting our school community.

We are really looking forward to starting this weekly initiative. Any help from members of the community is very much welcome and appreciated. For more information contact a member of the Year 11 Evangelisation Team

Carissa Dunn and Giuseppe Mazza
Year 11 Leaders
Welcome to New Parents Evening

Ash Wednesday Liturgy
On Monday 18 February, the Year 10 Textiles Technology and Year 12 Textiles and Design students attended an Introduction to Fashion Illustration workshop, run by the prestigious Whitehouse Institute of Design. The students learnt the basic skills of fashion illustration and rendering, then had an opportunity to ‘break the rules’ and create a styled final fashion illustration. Throughout the day, the instructor, Maddy, kept a close eye on the students and presented two students, Adriana Borsey of Year 10 and Stephanie Kokokios of Year 12 with Highly Commended Certificates. She also presented Kerrie Loy of Year 12 with a one week scholarship to attend a Whitehouse Institute of Design Holiday Course. Overall, the day was a great success as it gave students a great boost of inspiration and the professional skills they require to communicate their brilliant design ideas.

Nadia Montibeler
Textiles Teacher

Year 7 Technology
During Week 3, Year 7 Technology students were faced with their first design challenge. They were required to produce the tallest freestanding tower that featured a whole marshmallow on the top, using only five straws, two matches, three sticks and sticky tape. The aim of this challenge was to introduce students to the design process in a practical way, as well as giving the students an opportunity to work on their evaluative skills. The students faced many successes and some setbacks as they were working through the construction process, however they proved their resilience and persistence by redesigning their tower to ensure it stood up. The final results were impressive! A big congratulations to four designers - Curtis Smith, Shivneet Prasad, Alex Debono and Alana La Delfa whose towers stood the tallest, ranging between 470 mm and 430 mm.

Nadia Montibeler and Scott Llamas
Technology Teachers

VET and TVET at Clancy

There are currently 18 students from Years 11 and 12 undertaking TAFE-delivered Vocational Education and Training (TVET) courses at the South West Institute of TAFE. This allows the students at Clancy to gain workplace skills and experience to get a head-start on their career.

TVET allows you to:
Gain practical, work-related skills to enhance your future employment opportunities complete units that count towards your Higher School Certificate (HSC) start or complete a nationally-recognised TAFE NSW qualification while still at school.

Our students are participating in a range of courses which include Beauty Services, Animal Services, Information Technology, Childcare, Tourism, Fitness, Plumbing, Metals and Engineering, Horticulture and Primary Industries Transport. When students finish their TVET course they will receive a nationally accredited Certificate qualification or a Statement of Attainment. Most TVET courses articulate into further TAFE or university studies.

At Clancy we offer three VET courses. They are:
- Hospitality
- Construction
- Business services

The Hospitality course enables our students to acquire a range of technical, practical, personal and organisational skills which are valued in a Hospitality workplace. They will also acquire knowledge and skills related to work and further their training within the Hospitality industry.

The Year 11 Hospitality students have just received their chef’s uniform. Can I remind all Hospitality students that these must be worn during their practical lessons as they are a WHS requirement.

The Year 12 Hospitality students will be tested with their practical skills in the weeks to come as they will be producing elements from a 3 course menu.

The Construction course enables our students to acquire a range of technical, practical, personal and organisational skills which are essential for working in the construction industry. Last week, our students took part in their compulsory work placements. Our construction teacher Ms Ghigione has written the following: “During Week 3 of Term 1 2013, from 11 to 15 February, Year 12 VET Construction completed their mandatory hours of work placement. Students must complete a total of 70 hours of work placement across Year 11 and 12 study. On Friday 15 February I went out on workplace visits to see how students were going and to observe their workplace skills in action. From electrical work, installing televisions and preparing for the wiring up new leads, to eaves carpentry on a newly framed house, to rendering, tiling, painting and cabinet making, students were immersed in the work of the site. All workplace supervisors had great things to say about our Clancy Construction students and I could see that our students were grateful for the experience. Year 11 VET Construction will go out on work placement during Term 2 of this year.”

This year we have seen the introduction of a new VET course at Clancy ‘Business Services’. Business services are those activities which bind an organisation together, enable it to function and connect it to its customers and community.
Homework Club

As part of our ongoing commitment to helping each student at Clancy Catholic College to realise their potential, we wish to continue running the Homework Club throughout 2013.

Homework Club will start in Week 5 of Term 1.

What is Homework Club?
Homework Club occurs on Tuesday afternoon from 2.30pm - 3.30pm for students who wish to work on their homework and assessment tasks under the guidance of a teacher. Homework club runs in the College library.

How does my child participate in Homework Club?
All students are welcome to take part in this initiative. The process is outlined below.

Voluntary Attendance
1. On the Monday of the week your child wishes to attend, they are to collect a permission note from the front office.
2. Parents/Caregivers are to sign the note, date and provide contact details.
3. Your child will return the permission note to the office by the end of recess on the Tuesday they wish to attend.
4. Your child is to meet the supervising teacher at the College Library at 2.30pm.

Please note that if your child collects a note from the Office intending to attend Homework Club but later finds they are unable, students must still return the note to the office stating that they cannot attend.

Additional information
Your child is required to bring any relevant assignment, homework or class work material. If a permission slip is returned and your child is not present, you will receive a phone call from Office Staff to inform you of the absence. If attending, your child must be present for the full duration of Homework Club (2.30pm to 3.30pm), unless you personally collect them and transportation must be arranged from public reception at 3.30pm.

We hope that your daughter/son can take advantage of the benefits of this initiative and look forward to helping your child to achieve their learning goals.

Thao Vu

Customer News

Year 11 students interested in studying at UWS (University of Western Sydney) in 2015 may wish to attend UWS day to test what university life is like. See uweday@uws.edu.au to find out more.

Any Year 12 students interested in a volunteer Gap Year in 2014 can visit the Careers Office for details on options available.

Year 10, 11 and 12 students need to check daily notices for information relating to Careers talks beginning at lunchtime Fridays, Week 5.

Year 9 students will have the opportunity to complete a Tax File Number application in the coming weeks. This is essential for applying for part-time work and for study options in the future. A note will be sent home with more information.

Anne Weeks

Launching of the Ozanam House

Ozanam Student House Leaders David Markis and Madison Hamlet have spent a couple of afternoons over the last fortnight preparing for the upcoming Swimming Carnival and the unveiling of their new House. Assisted by fellow Year 12 students Sarah Breton, Samantha Vlatko, Amanda Shamo, Angela Perrone and Claudia Lurlo, they have managed to produce multiple banners and signs as well as a collection of brand new chants. They are very keen to show off their hard-work next week and cheer on the Ozanam House as a new part in the history of Clancy Catholic College begins.

Troy Nuske
Ozanam House Leader

From the Finance Office

School fees for Term 1 have been sent to all families and are due by Monday 18 March 2013. Payment may be made by Bpay, cheque, cash, eftpos or credit card. If you have not received your account, please contact the College.

The preferred option for notification of School fees is by email. If you have not supplied your email address for school fees, can you please email to: accounts.18144@sydstu.catholic.edu.au

Any queries regarding fees or payments please contact the College Office. All conversations are strictly confidential.

Thank you for your continued support of Clancy Catholic College.

Gary Williams
Business Manager
ROUND 1: CLANCY vs THOMAS HASSALL ANGLICAN COLLEGE

<table>
<thead>
<tr>
<th>SPORT</th>
<th>Rounds</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>SOFTBALL - YEARS 8/9</td>
<td></td>
<td>Boys won 8 – 0</td>
</tr>
<tr>
<td>VOLLEYBALL - YEARS 8/9</td>
<td></td>
<td>Boys won 2 sets to 1</td>
</tr>
<tr>
<td>OZ TAG - YEARS 10 - 12</td>
<td></td>
<td>Boys won 15 - 1</td>
</tr>
<tr>
<td>BASKETBALL - YEARS 10 - 12</td>
<td></td>
<td>Boys won 47 - 11</td>
</tr>
<tr>
<td>TENNIS - OPENS</td>
<td></td>
<td>Girls won 20 games to 12</td>
</tr>
<tr>
<td>CRICKET - YEARS 10 - 12</td>
<td></td>
<td>Boys won on forfeit</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Girls won 1 – 0</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Girls lost 0 sets to 2</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Girls won 5 – 1</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Girls lost 4 – 6</td>
</tr>
</tbody>
</table>

ROUND 2: CLANCY vs ALL SAINTS SENIOR COLLEGE

<table>
<thead>
<tr>
<th>SPORT</th>
<th>Rounds</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>SOFTBALL - YEARS 8/9</td>
<td></td>
<td>Boys bye</td>
</tr>
<tr>
<td>VOLLEYBALL - YEARS 8/9</td>
<td></td>
<td>Girls bye</td>
</tr>
<tr>
<td>OZ TAG - YEARS 10 - 12</td>
<td></td>
<td>Boys won 9 - 4</td>
</tr>
<tr>
<td>BASKETBALL - YEARS 10 - 12</td>
<td></td>
<td>Boys won 27 - 24</td>
</tr>
<tr>
<td>TENNIS - OPENS</td>
<td></td>
<td>Girls lost 10 - 22</td>
</tr>
<tr>
<td>CRICKET - YEARS 10 - 12</td>
<td></td>
<td>Boys 43 lost 1/45</td>
</tr>
</tbody>
</table>

COMING UP: Tuesday 26 February

ROUND 3: CLANCY VS FREEMAN CATHOLIC COLLEGE

<table>
<thead>
<tr>
<th>SPORT</th>
<th>VENUE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Softball</td>
<td>Jacqui Osmond Centre</td>
</tr>
<tr>
<td>Volleyball</td>
<td>Thomas Hassall Anglican College</td>
</tr>
<tr>
<td>Oz Tag</td>
<td>Paciullo Park, Liverpool</td>
</tr>
<tr>
<td>Basketball</td>
<td>Whitlam Centre</td>
</tr>
<tr>
<td>Tennis</td>
<td>Jim’s Easy Tennis, Lurnea</td>
</tr>
<tr>
<td>Cricket</td>
<td>Whitlam Park, Busby</td>
</tr>
</tbody>
</table>

ROUND 4: Tuesday 5 March

CLANCY VS GOOD SAMARITAN CATHOLIC COLLEGE

<table>
<thead>
<tr>
<th>SPORT</th>
<th>VENUE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Softball</td>
<td>Daruk Park, Casula</td>
</tr>
<tr>
<td>Volleyball</td>
<td>Thomas Hassall Anglican College</td>
</tr>
<tr>
<td>Oz Tag</td>
<td>Paciullo Park, Liverpool</td>
</tr>
<tr>
<td>Basketball</td>
<td>Whitlam Centre</td>
</tr>
<tr>
<td>Tennis</td>
<td>Jim’s Easy Tennis, Lurnea</td>
</tr>
<tr>
<td>Cricket</td>
<td>Amalfi Park, Lurnea</td>
</tr>
</tbody>
</table>

College Swimming Carnival

The 7th Annual College Swimming Carnival will be held on Thursday 28 February at Prairiewood Leisure Centre, Prairie Vale Rd, Prairiewood. It is a compulsory school day with all students expected to attend. If they cannot attend, they will be required to produce a Doctor’s Certificate on their return to the College. Students who cannot participate on the day are to bring a note beforehand stating the reason. They can still attend as there are many jobs they can assist with on the day as well as getting involved in their House spirit.

The Carnival is due to start at 9.15am and should be completed by 2.00pm. All parents and families are invited to attend and enjoy the day with the Clancy College Community.

Michael Bell
Sport Coordinator
LENTEN PENANCE

The Church's Canon Law reaffirms our obligation to do penance. The special times of penance are all Fridays throughout the year and the season of Lent. We recall that St. John the Baptist prepared for the coming of the Lord by "preaching a baptism of repentance". Christ began his ministry on earth with the exhortation to repent: "Repent and believe the Gospel" Mk 1:15.

Repentance means the rejection of sin. It implies conversion to, and reconciliation with God. Penance is the concrete expression of repentance. It takes the forms of prayer, self-denial, and works of charity. Each of these identifies us more closely with our Saviour. By penance we make satisfaction for our sins, and take real steps in the renewal of our lives. Penance is the proof of our repentance. Repentance and conversion are central, on-going features of Christian living. Penance has to be a constant, even daily, practice in our lives. In nominating special times of penance, the Church encourages and promotes in all of us the habit of penance.

Furthermore, observance of these special times by all Catholics throughout the universal Church emphasises what we call "the social dimension of sin". The sin of the individual member always in some measure infects the whole body. Therefore during Lent and on the Fridays of the year, we do penance, not only on our own account, but also in the name of the Church and of the world. We must take very seriously our penitential obligations and be sure to carry them out. The Australian Catholic Bishops' Conference has not restricted our penance to fast and abstinence in all cases, it has left room for our own responsible choice. Where we make the choice, we should carefully select the form of penance that we consider most appropriate for our own circumstances and growth in the Christian life.

DAYS OF PENANCE

1. Rules for Lent follow in (a), (b), and (c).

2. Abstinence from meat, and fasting, are to be observed on Ash Wednesday and Good Friday.

3. On all other Fridays of the year the law of the common practice of penance is fulfilled by performing any one of the following:

   (a) prayer - for example, Mass attendance; family prayer; a visit to a church or chapel; reading the Bible; making the Stations of the Cross; praying the rosary.

   (b) self-denial - for example, not eating meat; not eating sweets or dessert; giving up entertainment to spend time with the family; limiting food and drink so as to give to the poor of one's own country.

   (c) helping others - for example, special attention to someone who is poor, sick, elderly, lonely or overburdened.

   All who have completed their eighteenth year and have not yet begun their sixtieth year are bound to fast. All who have completed their fourteenth year are bound to abstain.

LENT LASTS FROM ASH WEDNESDAY (13TH FEBRUARY) TO THE MASS OF THE LORD'S SUPPER EXCLUSIVE (28TH MARCH). ON GOOD FRIDAY AND, IF POSSIBLE, ALSO ON HOLY SATURDAY UNTIL THE EASTER VIGIL, THE EASTER FAST IS OBSERVED.

PASCHAL PRECEPT

Each of the faithful is obliged to receive Holy Communion at least once a year. This is to be done between Ash Wednesday, 13th February, and Trinity Sunday, 26th May, 2013 unless for a good reason it is done at another time during the year. All the faithful are obliged to confess their grave sins at least once a year.

St. Mary's Cathedral
SYDNEY.
29th January, 2013.

ARCHBISHOP OF SYDNEY.
Message from the Uniform Shop

Blazers are a compulsory part of the Winter Uniform and must be worn on day 1 of Term 2. The last day for Blazer measurements is on Thursday 28 February 2013. A Blazer can be ordered leaving a $50.00 deposit or may be paid in full and taken home. The uniform shop is open from 12.00pm-4.00pm every Thursday.

On Campus Schoolwear

Project Compassion

Project Compassion, Week 1, brings you the story of Ditosa. Since her parents died from AIDS, Ditosa lives with her grandmother and aunt in Matuba, Mozambique. At the Matuba Children's Centre, Ditosa receives food, medicines and support. She also learns important life skills. This support is a lifeline for the families supported by the Centre, and is enabling them to improve their livelihoods. Your donation to Caritas Australia's Project Compassion provides children like Ditosa with the opportunity to learn new skills, to become self-supporting.

www.caritas.org.au

Worldwide Marriage Encounter

Worldwide Marriage Encounter Weekend for married couples
15 - 17 March at Mt Camel Retreat Centre, Varroville, NSW

bookings: 02 4283 3435 or wharpe@bigpond.net.au

Information: www.wwme.org.au

Dates to Remember

Monday 25 February
Year 9 Information Night at 6.15pm
Year 10 Information Night at 7.15pm

Wednesday 27 February
Newman Stream Parent Information Evening at 7.00pm

Thursday 28 February
College Swimming Carnival at Prairiewood Aquatic Centre, Prairievale Road, Prairiewood

Monday to Wednesday 4-6 March
Year 7 Camp

Wednesday 6 March
Clancy U Project Proposal Development Workshop 3.00pm-5.30 pm